



Aimee S. Klapach, M.D. Medical Director

Subspecialties: Knee, Shoulder and Sports Medicine

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Dr. Aimee Klapach is in her 2nd year as Medical Director for the Minnesota Thunder and Lightning soccer teams, and has been a Team Physician with the Minnesota Thunder organization for 3 years. Her duties with the Thunder Organization includes, serving as the Head Team Physician, coordinating the medical care for players and staff and organizing the medical staff. Dr. Klapach is a partner with Sports and Orthopaedic Specialists based out of Edina, Minnesota. She is a board certified orthopaedic surgeon with additional board certification in orthopaedic sports medicine, who specializes in injuries to the knee and shoulder. She has an interest in sport medicine as well as female musculoskeletal injuries, shoulder and knee. Her expertise encompasses advanced arthroscopic techniques as well as complex reconstructive surgery.

Dr. Klapach is a graduate of the prestigious Hospital for Special Surgery in New York City, where she completed a Fellowship in Sports Medicine and Shoulder. She completed her residency in orthopaedic surgery and medical school training at the University of Iowa where she graduated with honors.

An avid athlete herself, Dr. Klapach received numerous awards during her career on the University of Iowa Field Hockey Team. She was repeatedly selected for the Big 10 All Academic Team, earned the Big 10 Player of the Week title, and a Division I All-American Honorable Mention. In addition to being an ongoing team member and team captain, Dr. Klapach also served as an assistant coach for the 1994–95 season. Currently, she also provides team physician responsibilities for Metropolis Rugby, as well as several local high school and collegiate teams, such as Macalester College.

Dr. Klapach has also received several awards for her research and academic work. She won the Mid-America Orthopaedic Association Award for Excellence in Writing and has served as a mentor for the American Medical Women's Association. In addition, several of her articles have been published in the prestigious Journal of Bone and Joint Surgery. Dr. Klapach has also presented at many regional and national conferences, including the American Academy of Orthopaedic Surgeons.

Consistently looking to branch out to further service the community, in the fall of 2006 Dr. Klapach co-founded the Women's Orthopaedic Center with fellow orthopaedic surgeon Dr. Lisa Wasserman; the program is geared specifically toward the education and treatment of female musculoskeletal injuries and conditions. In 2007, she was elected Medical Director for the Minnesota based group Integrated Medical Rehabilitation.

She is an associate member of the Arthroscopy Association of North America and member of the American Orthopaedic Society for Sports Medicine, and is a Fellow of the American Academy of Orthopaedic Surgeons. In addition, Dr. Klapach is one of Minnesota's three members of the Council of Delegates for the American Orthopaedic Society for Sports Medicine.